

# **Loretta's Most Frequently Requested Programs**

## **Unleash Your Inner Leader**

Some say leaders are born and not made. This myth has kept many accounting professionals from expressing their personal leadership, pursuing their purpose and creating the lasting legacy they were meant to leave in their organizations and communities. In this session, attendees will discover what it takes to step out with confidence, influence with integrity and live a life with passion and purpose.

You will learn: the 3 keys and 4 steps required for personal & organizational change, 5 critical abilities you need to amplify the leader in you plus the 5 lies about leadership and how to not fall victim to them.

## **When 'Off with Their Heads!' Won't Work**

When things don't go your way, it's common to judge and blame others or stick your head in the sand and hope things will just blow over. Sometimes people don't feel equipped to talk about unpleasant situations or aren't sure how to broach a really sticky subject without exploding or 'wimping out'.

Whether you're currently embroiled in or avoiding a conflict or just want some tips for when that inevitable moment occurs, you'll walk out of this workshop with simple tactics you can use right away! Through alternately hilarious and touching stories, you'll be inspired to reflect on, and devise strategies to deal with, your own disputes in life and at work.

## **Rejuvenation, Renewal & Balance: 5 Keys for an Extraordinary Life**

Living in a fast-paced, always changing and information-laden world seems to place almost unbearable demands on us and our psyches. In attempting to meet everyone else's needs, we often neglect to take time for ourselves to replenish our own energy reserves. If you've been feeling depleted, tired, frustrated, over-worked, angry or resentful, this workshop is for you!

## **Too Young To Retire**

Bill Gates says "It's not about retiring; it's about reordering your priorities'. Once upon a time, people were sold on the idea of retirement as a permanent weekend. The only issue was funding it. That made sense then. Lives were shorter.

Now that we know there could be 20 or more bonus years ahead, we need a new model for later life. We suggest that there are some better choices for these extra years. The evidence is that you'll be healthier and perhaps wealthier and wiser, if you create a balanced life portfolio. It could include work you enjoy at a pace you set, civic engagement, activism, travel and leisure. This interactive workshop is designed to help you reorder your priorities, and then act on them.

<b>Corporate</b>	<b>Professional Associations/Conferences</b>
Anita Borg Institute Technical Leaders	Alliance of Technology & Women - Phoenix
Arizona Women's Leaders Forum	American Business Women's Association
Dial Corp   Henkel of America	American Records Management Association
J. P. Morgan Chase	American Society of Interior Designers: LA Chapter
KPMG – Los Angeles	American Society of Specialty Toy Retailers Nat'l Conf
Mortgage Girlfriends	American Society of Training & Development: Phoenix
PricewaterhouseCoopers	APLUS - African American Postal League Nat'l Conf
<b>Public/Government/Nonprofit</b>	Arizona Association of Real Estate Brokers
American Assn. of Community Colleges Awards Gala	Arizona Probation, Parole & Corrections Assn Conf
Arizona Power Supply	Arizona Small Business Association
Arizona State University	ARMA – Arizona Chapter & Pacific Regional Conference
City of Phoenix	Building Owners & Managers Association (BOMA)
City of Scottsdale	Chartered Property Casualty Underwriters (CPCU)
County of Maricopa	eWomenNetwork – Scottsdale, Phoenix, San Jose & Elk Grove CA
Fresh Start Women's Foundation	Human Resources Professionals Assn (Toronto)
Hispanic Employee Program Managers / Federal Women Program Managers	International Public Management Association – Western Region Conference & Southern Nevada
International Foundation of Employee Benefit Plans	International Virtual Assistants Association
Kyrene (AZ) School District	Meeting Planners International – Sunbelt & Sacramento Chapters
National Center for American Indian Economic Development	Mujeres Latinas de Exito (Latina Women of Success)
National Charities	Project Management International (Western Region)
National Forum for Black Public Administrators	National Association of Catering Executives (Phoenix)
National Network to End Domestic Violence	National Association of Insurance Women (AZ Council)
Salt River Project	National Association of Women Business Owners (Phoenix , Sedona & Tucson)
Support Network for Battered Women	National Sales Network
University of California (Academic Business Officers Group, Women's Leadership Symposium)	National Speakers Association – Arizona
<b>Chambers of Commerce</b>	National Urban League Annual Conference
Chambers of Commerce (Ahwatukee, Chandler, Gilbert, Greater Phoenix)	Society of Human Resource Management (Utah, Louisiana)
Arizona Holistic Chamber of Commerce	State of Arizona: Probation, Parole & Corrections Association
Tucson/Southern Arizona Black Chamber	Tucson/Southern Arizona Black Chamber Expo & Conference
	Women Entrepreneurs Business Boot Camp
	Women on a Mission to Earn a Commission
	Women's Leadership Exchange